## Table 5: Mental Health/Substance Use Disorder Services Detail

Beginning with the CY 2019 UDS, mental health and substance use disorder services provided by medical providers and substance use disorder services provided by mental health providers will be documented in an addendum of Table 5 – *Selected Service Detail*. The purpose of the addendum is to fully capture mental health and substance use disorder (MH/SUD) treatment services provided in health centers.

Primary care providers in health centers often provide mental health services as part of medical visits and a wide range of both primary care and mental health providers provide substance use disorder treatment services. However, these mental health and substance use disorder services are not currently captured in the UDS. As a result, the breadth of mental health and substance use disorder services being provided in health centers has been understated. Reporting on an expanded group of health care providers who address mental health and substance use disorders will better reflect the comprehensive, integrated model of care provided in health centers.

The patients and visits reported in the *Selected Service Detail* section involve activity already reported in the main part of Table 5 and may also involve duplication *across* (MH and SUD) service categories. This is different than general rules used for Table 5 and Tables 3A, 3B, and 4 where an unduplicated count of patients are reported, and visits are counted once and only once.

	Selected Service Detail				
	Mental Health Service Detail	Personnel (a1)	Clinic Visits (b)	Virtual Visits (b2)	Patients (c)
20a01	Physicians (other than psychiatrists)				
20a02	Nurse Practitioners				
20a03	Physician Assistants				
20a04	Certified Nurse Midwives				
	Substance Use Disorder Detail	Personnel (a1)	Clinic Visits (b)	Virtual Visits (b2)	Patients (c)
21a	Psychiatrists				
21b	Physicians (other than psychiatrists)				
21c	Nurse Practitioners				
21d	Physician Assistants				
21e	Certified Nurse Midwives				
21f	Licensed Clinical Psychologists				
21g	Licensed Clinical Social Worker				

These data are reported only on the Universal table, not the Grant Report tables.



# **UDS:** UNIFORM DATA SYSTEM

## Instructions for Reporting Mental Health and Substance Use Disorder Services Detail

Addendum to Table 5 – *Selected Service Detail* is divided into two service categories: mental health and substance use disorders. For each service category, report the number of:

- <u>Providers</u> (not FTE) by type who provided mental health and/or substance use disorder services in Column a1.
  - For MH Service Detail, count MH treatment provided by Physicians (other than psychiatrists), Nurse Practitioners, Physician Assistants, or Certified Nurse Midwives.
  - For SUD Detail, count SUD treatment provided by Psychiatrists, Physicians (other than psychiatrists), Nurse Practitioners, Physician Assistants, Clinical Nurse Midwives, Licensed Clinical Psychologists, and Licensed Clinical Social Workers, or Other Licensed Mental Health Providers including Psychiatric Nurse Practitioners.
  - Contract providers paid by the visit are not reported in the FTE columns in the main portion of Table 5, but they will be reported in the Selected Service Detail section. It is possible to report, for example, zero providers on a line in the main section of Table 5, but one or more in the corresponding line of the Selected Service Detail.

Note: The 'Selected Service Detail' section only reflects providers and their MH and SUD treatment services not already reported in the MH and SUD sections on the main part of Table 5. The sum of MH and SUD services reported in the main part of Table 5 and the addendum to Table 5 provides an unduplicated count of MH and SUD *services* across all provider types.

- <u>In-person clinical visits</u> patients had for these services, by provider type, in Column b.
  - Use ICD-10 diagnostic codes associated with the visit to document/count the delivery of mental health or substance use disorder treatment services by medical and mental health providers.
    - Include only visits documented with acceptable ICD-10 MH or SUD diagnosis codes (See Table 6A, Lines 18-20d for examples of codes).
    - <u>Exclude</u> visits that <u>only</u> provide the following mental health or substance use disorder services:
      - ✓ Screening
      - ✓ Medication delivery or refill
      - ✓ Patient education
      - ✓ Referral
      - ✓ Case management
  - MH/SUD services meeting the criteria listed above should be included even if there is no associated billing or reimbursement for the provision of these services.



- <u>Virtual visits</u> that patients had for these services, by provider type, in Column b2.
  - The criteria for reporting this section is the same as in-person clinical visits.
  - See the Virtual Visit Reporting Guidance fact sheet for specific requirements for reporting virtual visits.
- <u>Patients</u> seen for these services, by provider type, in Column c.

## Selected Service Detail Guidance for Health Centers

Guidance for UDS reporting is provided below. The table is arranged by topic area with UDS reporting instructions in blue, followed by clarification to the reporting requirement in white.

#### **Multiple Services Delivered at a Visit**

When a medical provider delivers mental health treatment (in whole or in part) as part of a medical visit, count the visit on the appropriate line by provider type (1-11) in the main part of Table 5 and on the appropriate line (20a01-20a05) in the *Selected Service Detail* section.

When a medical or mental health provider provides substance use disorder treatment, count the visit on the appropriate line by provider type (1-11 or 20a-20b) in the main part of Table 5 and the appropriate line (21a-21h) in the *Selected Service Detail* section.

Situation	Note
A family physician sees a patient for an annual check- up, and during that visit the provider also treats the patient for depression and their misuse of drugs.	<ul> <li>The visit will be reported in three different places on Table 5:</li> <li>Report the medical treatment (annual check-up) provided by the family physician in the main part of Table 5, on Line 1, and include the patient in the total on Line 15.</li> <li>Report the depression treatment (MH) provided by the physician in the <i>Selected Service Detail</i> section, Line 20a01.</li> <li>Report the treatment provided for misuse of drugs (SUD) in the <i>Selected Service Detail</i> section, Line 21b.</li> </ul>
A licensed clinical psychologist sees a patient for depression complicated by opiate abuse.	<ul> <li>The visit will be reported in two different places on Table 5:</li> <li>✓ Report the visit with the clinical psychologist in the main part of Table 5, Line 20a1, for treatment of depression (MH).</li> <li>✓ Report the substance use disorder treatment provided in the <i>Selected Service Detail</i> section on Line 21g.</li> </ul>



#### Visits Related to Medication

Count services as visits only when they meet all the UDS visit criteria. Never count medication administration or dispensing, prescription refills, education, referral or case management as a visit.

Situation	Note
A nurse practitioner	This virtual visit will be reported twice on Table 5:
discusses anti-depressant regimen by phone with her patient.	<ul> <li>Report the visit with the nurse practitioner in the main part of Table 5, Line 9a, Column b2.</li> </ul>
	✓ Report in the Selected Service Detail section on Line 20a02, Column b2, for the mental health treatment.
An internist discusses a refill of antidepressant medication with a patient.	Do not count the interaction as a visit. It does not meet the criteria for a countable visit in the UDS.

