## Motivational Interviewing In Primary Care

## DESIGNED SPECIFICALLY FOR PROVIDERS / STAFF WORKING IN PRIMARY CARE

Motivational Interviewing is a brief intervention shown to be successful in increasing an individual's motivation to make changes that affect their overall health and well-being. MI interventions are used successfully with patients struggling with physical health and/or behavioral health issues.



This workshop is designed for primary care providers who have a basic understanding of MI. Participants will learn & practice specific MI skills to help their patients increase awareness, and decrease resistance.

Participants will review concepts of "Change Talk", and the types of motivational interviewing questions to help their patients make important life changes.

November 13, 2013 Community Clinic Association of Los Angeles County 700 S. Flower, Suite 3150 Los Angeles, CA 90017 9:00 am – Noon Breakfast Provided Registration Required No Fee to Attend

Workshop Presenter: Rose Lopez, Ph.D. Director of Wellness & Recovery Pacific Clinics Institute



PLEASE REGISTER ONLINE HERE: www.allhearthealth.org/upcoming-events/





Sole Funding for ALL HEART is Provided by Kaiser Permanente