



PHYSICIAN COUNCIL MEETING

MARCH 19, 2019

1:00PM – 3:00PM

MINUTES (DRAFT FOR APPROVAL)

ATTENDEES					
Borrego Community Health Foundation	Alfredo Ratniewski, MD		North County Health Services	Patrick Tellez, MD	x
Clinicas de Salud del Pueblo	Afshan Baig, MD		Planned Parenthood	Toni Marengo, MD	
Community Health Systems Inc.	Mahdi Ashrafi, MD	Phone	Samahan Health Centers	Emilina Quisumbing, MD	
Imperial Beach Health Center	Eric Leute, MD	x	St. Vincent de Paul Village Health Center	Jeffrey Norris, MD	x
Indian Health Services	Dan Calac, MD		San Diego American Indian Health Ctr	Shirin Alonzo, MD	x
La Maestra Community Health Centers	Javier Rodriguez, MD	x	San Diego Family Care	Aaron Zaheer, MD	x
La Maestra Community Health Centers	Adla Tessier, MD		San Diego Family Care – Mid City	Diana Marquardt, MD	
Mountain Health & Community Service	Patrick Sweet	x	San Ysidro Health Center	Sharon Velasquez, MD	x
Neighborhood Healthcare North	James Schultz, MD	x	San Ysidro Health Center	Maria Carriedo-Ceniceros, MD	
Neighborhood Healthcare – East	Melissa Bishop, MD	x	Southern Indian Health Council	Young Suh, MD	
Neighborhood Healthcare – East	Paige Thiermann, MD		Vista Community Clinic	Kelly Motadel, MD	x
			Vista Community Clinic	Clint Ketchel, MD	
STAFF		GUESTS			
Nicole Howard	Health Quality Partners	x	Dr. Panicker		x
April Angeloni	Health Center Partners	x			
Tim Fraser	Health Center Partners	x			
Julie Minardi	Health Center Partners	x			

Agenda Item		Discussion	Action	Responsible Person
1	Approval of Agenda	Dr. Aaron Zaheer called the meeting to order at 1:07pm.	Approved	Aaron Zaheer, MD
	Approval of Minutes	Upon a motion by Dr. Jeffrey Norris and a second by Dr. Kelly Motadel, the minutes for the February 19, 2019 meeting were approved unanimously.	Approved	Aaron Zaheer, MD
	Action Item Status Report	Nicole Howard reviewed the Action Item Status Report: 1) Update on VCC and SYH test pilots with Imaging Healthcare Specialists – scheduled for April 2019 meeting. 2) Elicit interest in advocacy training – Will be done at today's meeting. 3) Schwartz Rounds – Added to proposed work plan for March 2019. 4) Workgroup with Planned Parenthood re CCS data – Pending decision regarding next steps 5) Health Homes – on today's agenda 6) Practicing Excellence group rate – on today's agenda 7) Edits to 2019 Physician Council work plan – to be discussed and approved today.	Informational	Nicole Howard
		Website login – Julie Minardi reviewed instructions for accessing the password protected member portal of the HCP website (handout). Each peer group has its own section on the portal and can decide how they prefer to use it to post and share materials. The Physician Council requested that meeting materials be posted to the portal beginning this month with the March materials. Moving forward, a link to meeting materials will be included within the outlook appointment in addition to the current practice of adding the materials as attachments to the appointment.	Add March 2019 meeting materials to HCP Member Portal and include link to HCP Member Portal in future meeting appointments	April Angeloni
Quality Management				
2.	Physician Burnout Follow-Up	Follow-up on Physician Burnout Presentations – Nicole distributed a printed copy of Dr. Lotte Dyrbye's PowerPoint presentation on Physician Burnout, which was provided at the February meeting. Physicians expressed their satisfaction with the presentation and their desire to get this topic in front of other C-Suite staff at their health centers. Nicole plans to speak with Dr. Dyrbye to determine her willingness to do a webinar presentation, which potentially CNECT would pay for, that CNECT could then push to their members. This would provide an opportunity to bring the topic to other groups. Dr. Schultz shared that there is a CMA-sponsored survey rolling out in April that will poll all physicians (including non-members). The CMA plans to distribute a state-wide physician burnout tool kit shortly after the results are tabulated. They plan to do that in San Diego first. Dr. Schultz suggested allowing the CMA-sponsored effort to run its course. Physicians recommended presenting Dr. Dyrbye's slides to the board, advising them of the upcoming survey and requesting that they encourage physicians to participate.	Share slides with HCP Board of Directors Request that CEOs encourage physicians to complete the survey.	Nicole Howard

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3.	<p>2019 Workplan – Nicole distributed the final draft of the 2019 Workplan.</p> <p>Upon a motion by Dr. Norris and a second by Dr. Motadel, the 2019 Workplan was approved unanimously.</p> <p>Council members discussed the importance of ensuring provider wellness is integrated into their organizations’ strategic plan. If it were integrated, that would allocate funding for activities related to the provider wellness and serve to carry the message that provider wellness is an important area of focus.</p>	Approved	Nicole Howard
4.	<p>Advocacy training – Tim Fraser and Julie Minardi reviewed the difference between grassroots and grass-tops advocacy. Tim stated that physicians typically advocate at the grass-tops level by reaching out to higher connected individuals. Physicians are often asked to be media spokespeople or to provide testimony. Physicians’ advocacy efforts often carry more weight because it is understood that they are taking time out of very busy schedules to meet with a legislator and that carries a lot of weight. Nicole asked how many of the physicians would have interest in an advocacy training. Dr. Schultz shared that the San Diego County Medical Society provides a lot of good physician advocacy resources. Dr. Robert Hertzka teaches physician advocacy at UCSD and may be a good resource. Dr. Schultz suggested we invite Dr. Robert Hertzka to speak at a future meeting, doctor to doctor, to review best practices in advocacy. Tim Fraser also offered to provide media training. The council decided to arrange a basic “Advocacy 101” training with Tim Fraser using Workforce and OSHPD as current topics to practice with, a media training to prepare physicians for possible interactions with the media, and to invite Dr. Hertzka to provide a more in-depth advocacy training at a later date.</p>	<p>Informational</p> <p>Schedule a basic “Advocacy 101” training with Tim Fraser using Workforce and OSHPD as current topics to practice with.</p> <p>Invite Dr. Hertzka to provide a more in-depth advocacy training</p>	<p>Tim Fraser and Julie Minardi, Health Center Partners</p> <p>Nicole Howard</p> <p>James Schultz, MD/ Nicole Howard</p>
5.	<p>Presentation from IHI Conference (Dec. 2018) – Dr. Cibu Panicker, Assistant Medical Director at VCC, attended the IHI Conference in December 2018. Dr. Panicker presented key points learned from the conference (see handout). He recommended reviewing the background and credentials of the session speakers prior to deciding whether or not to attend.</p>	Informational	Dr. Cibu Panicker, Assistant Medical Director, VCC
6.	<p>Update on HHSA Whole Person Wellness Lessons Learned for Health Homes Meeting – Dr. Schultz provided an update regarding Whole Person Wellness and how it is rolling into Health Homes. A big part of Whole Person Wellness is identifying high utilizers and individuals at risk for being high utilizers. The county has a pilot project with a goal of enrolling 1000 individuals over a three-year period. At more than halfway through the pilot, only 240 people have been enrolled. It has been difficult to find individuals to enroll, as many do not have a known address or are not interested in enrolling. The county has built a database to track individuals, which is separate from 211. Whole Person Wellness will end at the end of 2020. All 7 health plans are likely to participate in Health</p>	Informational	James Schultz, MD

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		Homes. Healthy San Diego would like for all programs to look as similar as possible. If your health center chooses to engage in the Health Homes project, each health plan will have its own contract.		
7.	Standards of Medical Care in Diabetes	Review and discuss – <i>Summary of Revisions: Standards of Medical Care in Diabetes – 2019</i> Dr. Schultz reviewed his summary of the ADA standards update, which was handed out in today's packets.	Informational	James Schultz, MD
8.	Open Forum			
9.	Meeting Adjourned	3:00pm		Aaron Zaheer, MD

Chairperson: Aaron Zaheer, MD

Submitted by: Nicole Howard