Mountain Health & Community Services

Since 1977, Mountain Health, a private, non-profit community health organization, has provided high quality, comprehensive compassionate primary health care to the people in our communities regardless of their ability to pay. Our facilities are located in Campo, Alpine, Escondido, and San Diego. We serve these communities with respect, dignity and cultural sensitivity as a medical home and safety net for essential healthcare, community and social services.

MOUNTAIN HEALTH

- Originated in rural East County San Diego's Mountain Empire region, driven by residents' desire to realize some health care capacity in this region that had almost no health care resources at the time.

- Opened in East County San Diego with the first clinic in Campo, followed by a clinic in Jacumba.

- In 2005, Mountain Health opened its Alpine Family Medicine location.

- Opened 25th Street and Escondido Family Medicine clinics in 2007

- Assumed the operation of the Mountain Empire Community Center in Campo in 1997.

- The Community Center provides a variety of services including a senior nutrition program, a variety of classes, a food pantry, a volunteer driving program to aid rural seniors' mobility, and programming for children and youth.

- Mountain Health has used tele-health technology to provide behavioral health services to rural residents who cannot come to a clinic location.

- PCMH model provides for a team-based care approach in which the clinical members partner with the patient to promote healthy lifestyle choices, prevent disease, and manage chronic conditions.

- In 2014 Mountain Health has broken ground for a new clinic in Campo, a 23,500 square-foot facility that will include behavioral health, dental, optometry, imaging and pharmacy services.

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