

We provide powerful tools to patients that support self-care. Diabetic patients with critically high HbA1c levels were given cell glucometers. Blood sugar test results immediately sent to an RN panel manager. Patient receives follow up messages and instructions. Results: improved values in critical diabetics, strengthening the

"partnership" between physician and

patient in managing their health.

Empowering Patients Self-Management and Partnerships



An App just for Teens!

- Designed by one of our pediatricians and a teen volunteer, teens can download our new free app "SD Teen" from iTunes and Bizness.
- Contains hotline numbers, directions to mental health and medical health resources in one convenient place...SD Teen.

Colorectal screening for uninsured patients increased from 21 % to 52% in one year. Why?

- The tests were free thanks to Lab Corp's donation.
- While waiting for doctor, a YouTube video shows patient how to prepare the test.
- Free colonoscopies provided as needed through Kaiser's Saturday Surgery Day.
- Two patients diagnosed with cancer survived because they received life-saving surgeries arranged by San Diego Medical Society's Access to Care program.