

# Screening, Brief Intervention and Referral to Treatment (SBIRT) Training



Opioid  
Response  
Network  
STR-TA

[www.OpioidResponseNetwork.org](http://www.OpioidResponseNetwork.org)

[ORN@aaap.org](mailto:ORN@aaap.org)

401-270-5900

**Time:** 10:00 am to 1:20 pm PDT

**Date:** Monday June 17, 2019

**Address:** 3710 Ruffin Road  
San Diego, CA 92123  
Parking is available onsite

**Presenter:** Thomas E. Freese, PhD  
Director of Training UCLA ISAP

**Audience:** Health center staff working with patients on behavior change and supervisors.

## REGISTER HERE

Please register by June 10, 2019



*If you need a disability-related reasonable accommodation/alternative format for this event, please contact Mamta Bhakta at (310) 267-5535, [mbhakta@mednet.ucla.edu](mailto:mbhakta@mednet.ucla.edu) by June 10, 2019.*

*Please contact Mamta Bhakta by phone (310) 267-5535 or e-mail ([mbhakta@mednet.ucla.edu](mailto:mbhakta@mednet.ucla.edu)) if you have questions, concerns, special needs, or require additional information before registering for this training.*



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The training course meets the qualifications for the provision of three (3) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for three (3) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 3 contact hours. CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

**Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:** Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).

**Cancellation Policy:** Notice of cancellation must be made at least 72 hours in advance of the training by contacting Mamta Bhakta by phone (310-267-5535) or email ([mbhakta@mednet.ucla.edu](mailto:mbhakta@mednet.ucla.edu)).

### About:

Screening, brief intervention, and referral to treatment are effective in a variety of settings. It has been proven particularly effective in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. SBIRT has also been shown to be effective in primary care settings, where it is incorporated into other routine medical assessments such as measuring blood pressure. This training focuses on screening procedures to identify risk; key motivational interviewing concepts and principles that are tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention; and referral to treatment for patients with more serious substance use-related problems.

### Educational Objectives:

At the conclusion of this activity, participants should be able to: (1) Describe the background and rationale for conducting SBIRT in a variety of health settings; (2) Explain how to utilize screening procedures to identify patients engaged in at-risk substance use behaviors; and (3) Demonstrate a three-step motivational interviewing-based brief intervention strategy to motivate patients to change their at-risk behavior and/or seek treatment.