

# Health Home Program (HHP) Housing Training

Supportive Housing and Coordinated Entry Systems

January 10, 2020



**WELCOME!**

# Advancing Housing Solutions That



Improve lives of  
vulnerable people

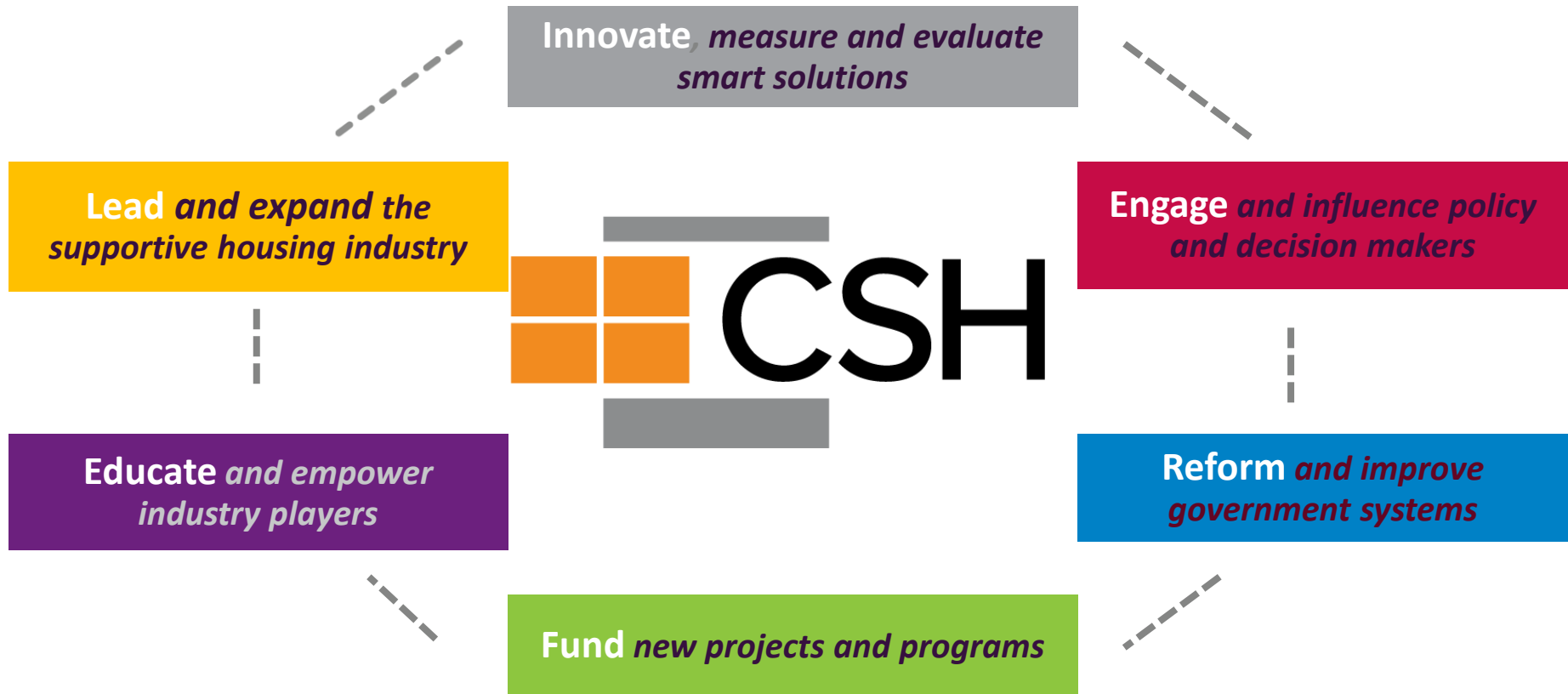


Maximize  
public resources



Build strong,  
healthy communities

# How We Drive Impact



# CSH Health Homes Program Capacity-Building Team



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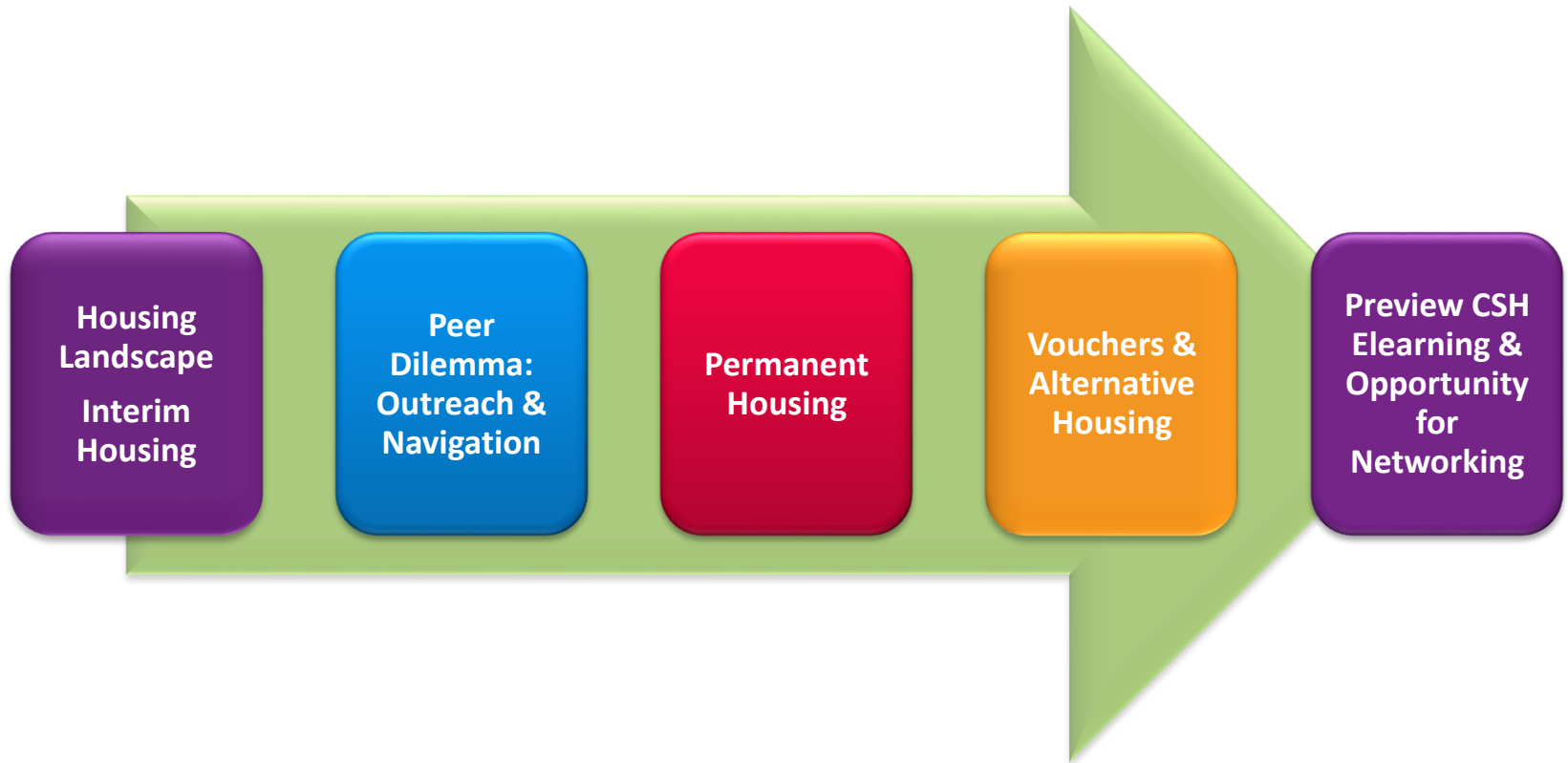
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# Today's Agenda



# Housing Landscape Panel

Outreach and Housing Navigation

# Range of Interim and Permanent Housing Options

	Interim Housing				Permanent Housing		Medically Fragile
Housing Type	Recuperative Care	Emergency Shelter	Transitional Housing	DV Shelters	Rapid Rehousing	PSH	SNF, B&C
Agreement	Medical oversight	House rules	Program agreement	House rules	<b>Lease</b> or sub-lease	<b>Lease or sub-lease</b>	Program agreement
Living Arrangements	Shared rooms	Congregate living	Congregate living or single site	Congregate living	Scattered site	<b>Single or scattered site</b>	Shared rooms/ group living
Time Limit	Short-Term	Short-Term	Time Limited - 24 months	Time Limited	Short-Term	<b>Permanent</b>	Long-term basis
Typical Service Delivery	Intensive medical services	Limited access to services, bridge to permanent housing	Directed, required, intensive services	Access to services	Tailored, <b>tapered</b> services	<b>Tailored, comprehensive service package</b>	Skilled nursing and supportive care
Operations	<b>Nonprofit Provider</b> serves as service and property manager	<b>Nonprofit Provider</b> service and property manager	<b>Nonprofit Provider</b> service and property manager	<b>Nonprofit Provider</b> service and property manager	<b>Private Landlords</b> with services delivered by provider	<b>Property Managers/ Owners and Nonprofit Service Providers</b>	<b>SNF/B&amp;C Provider</b> service and property manager



# Interim Housing

Respite and Recuperative Care

Emergency and Temporary Shelters

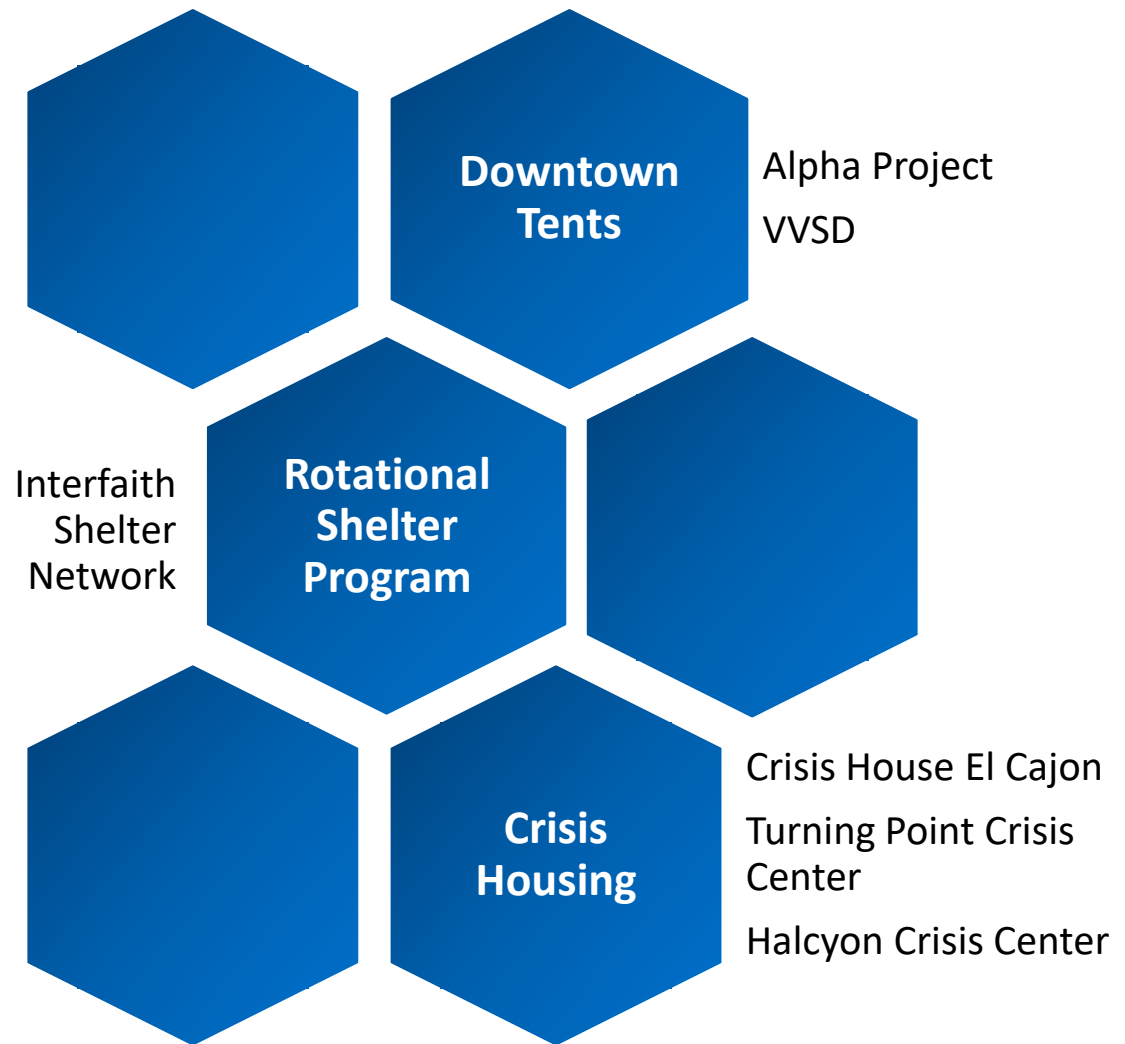
Bridge Housing or Transitional Housing (low barrier)

Domestic Violence Shelters

# Respite and Recuperative Care

- Interfaith Community Services- 32 bed recuperative care facility in Escondido
  - 250 N Ash St, Escondido, CA 92027
  - (760) 294-2025
- Eligibility Requirements:
  - ❑ Homeless individuals and homeless veterans 18 years and older being discharged from the hospital with a recuperative need.
  - ❑ Must be referred by a social worker at either the VA Hospital, Palomar Hospital, or Tri City Hospital. A veteran can be referred from any hospital.
  - ❑ Referral must be accepted and client is to come straight **from the hospital**.

# Emergency and Temporary Shelters



# Bridge Housing or Transitional Housing (low barrier)

## Interfaith Community Services' Veterans' Transitional & Bridge housing

- **Address:** 1617 Mission Ave., Oceanside, CA 92058
- **Intake Hours:** Monday-Friday, from 9:00 a.m. - 3:00 p.m.
- **Phone Number:** (760) 529-9979

## VVSD – Bridge housing

- **Address:** 4141 Pacific Highway, San Diego, CA 92110
- **Phone Number:** (619) 393-2000

## PATH – Connections Housing

- **Address:** 1250 6th Ave, San Diego, CA 92101
- **Phone:** (619) 810-8600

# Domestic Violence Shelters

## Center for Community Solutions

- (888) 385-4657

## YWCA's Battered Women's Services

- (619) 239-2341

## San Diego County Domestic Violence 24 hour hotline at 1-888-DVLINKS.

- All services are 24-hour hotlines that are staffed with persons who can evaluate situations and make referrals for counseling, legal assistance, shelters, support groups, etc.

# Peer Dilemma

Outreach and Housing Navigation Case



# Peer Dilemma: Protocol

## **Presentation of Dilemma 4 minutes**

Description of dilemma including the context, the dilemma you face, and some options you are considering. If possible include some data about the dilemma you are presenting.

## **Clarification Questions 3 minutes**

These questions are meant to provide a broader understanding of the dilemma. Interpretative questions cannot be asked at this point.

## **Breakout Groups— 20 minutes**

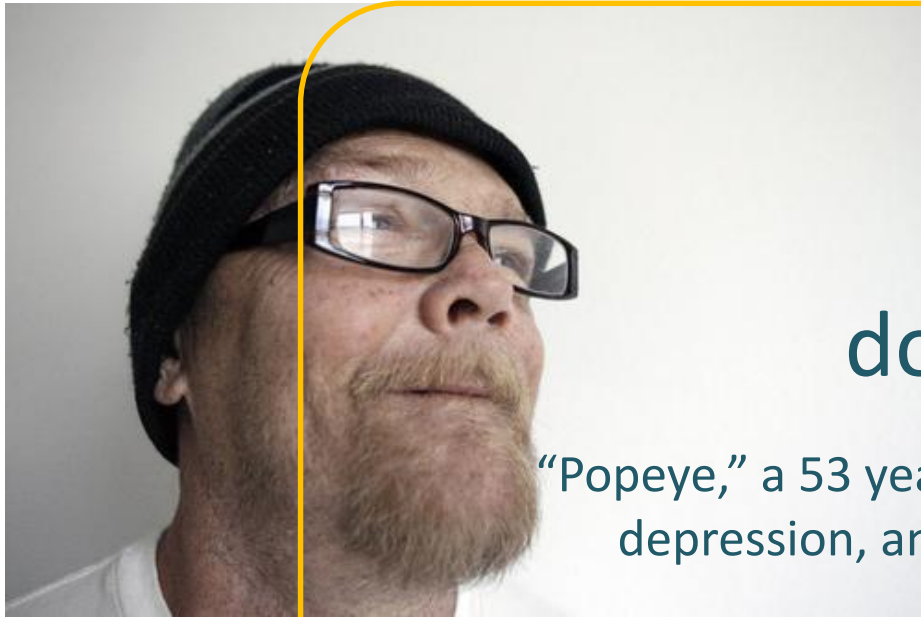
- Break into 5 small groups of 5-6 to discuss dilemma and provide feedback.
- Designate one person to present feedback in the feedback portion of this session and one note-taker (CSH staff). Presenters split up, but should not participate in the small group discussions.
- Feedback should include both **“reflective” feedback**—what group members heard that seems like a good idea or a good solution to what is presented and **“constructive” feedback**—where they propose some new approaches to the problem.

## **Feedback—15 minutes**

Each small group takes 3 minutes.

## **Response from the Presenting Team 3 minutes**

The presenting group talks about what they heard that could be especially helpful in resolving the dilemma and potential follow-up steps.



# Dilemma #1:

## Client distrust / does not want housing

“Popeye,” a 53 year old man with hypertension, asthma, depression, and severe alcoholism is eligible for care coordination through HHP.

He’s a frequent user of the local hospital, due to his alcohol use and other health problems. He is about to be discharged from the hospital emergency department.

- He is very suspicious of ‘authorities.’
- He has been homeless for the last 15 years – mostly under nearby freeway embankments.
- He has been promised housing before, and it has always come with strings attached (i.e., no alcohol).







## Dilemma #2: Tenancy Support Services

“Kay,” a 50 year-old HHP tenant who is formerly homeless, is having difficulty staying in housing.

She moved in two months ago, and she has been bringing several of her friends to the unit and allowing some to ‘couch surf,’ which is against the terms of the lease.

She is also being preyed on by these friends, who are “borrowing” money from her regularly.

# Permanent Housing Interventions

Rapid Re-Housing (RRH)

Permanent Supportive Housing (PSH)

# San Diego County CoC Coordinated Entry System (CES)

CoC: Regional Task Force on Homelessness  
Contacts: Tamera Kohler, CEO, [tamera.kohler@rtfhdsd.org](mailto:tamera.kohler@rtfhdsd.org)  
Kat Durant, Operations Coordinator, [kathryn.durant@rtfhdsd.org](mailto:kathryn.durant@rtfhdsd.org)

## CoC Access Sites

### Central Region

1. Dreams for Change (Safe parking lot) 619-497-0236
2. Dreams for Change (Safe parking lot) 619-497-0236
3. Father Joe's Villages Day Center (18+) 619-230-7390
4. Father Joe's Villages JKC Village (Families only) 619-233-8500
5. Salvation Army 619-699-2214
6. San Diego Youth Services – College Heights Youth Center 619-221-8600
7. San Diego Youth Services – Point Loma 619-221-8600
8. San Diego Youth Services - TAY Academy 619-232-8126
9. San Diego LGBTQ Youth Center -Main Campus 619-692-2077
10. VA San Diego 619-497-8989
11. VVSD SSVF 619-961-2165
12. VVSD Bridge Program 619-393-2039
13. Volunteers of America 619-481-3571

### East Region

1. Crisis House 619-444-1194
2. San Diego Youth Services - East County BH Clinic 619-448-9700
3. San Diego Youth Services - Spring Valley & East Communities 619-258-6877

### North Region

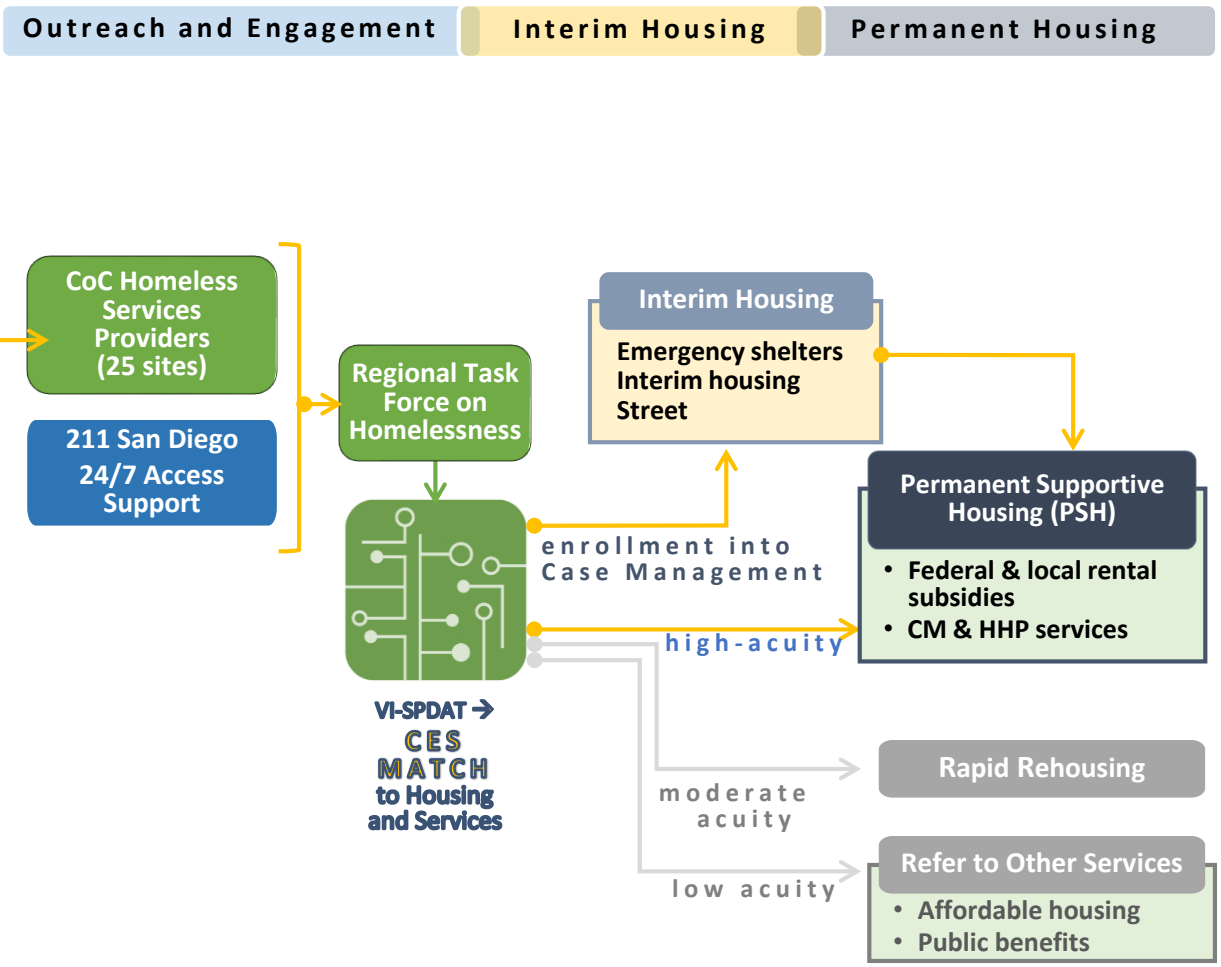
1. Interfaith Community Services 760-489-6380
2. VA San Diego - Oceanside 619-497-8989
3. YMCA 760-908-9373

### South Region

1. Southbay Community Services 619-420-3620

### Call-Only Access Sites

1. Access & Crisis Line 888-724-7240
2. Courage to Call 877-698-7838
3. Jewish Family Services (Safe parking lot) 858-637-3373
4. San Diego LGBTQ Youth Center (Appointment ONLY) 619-692-2077
5. DV Hotline 888-385-4657





# San Diego CoC Coordinated Entry System Access Sites

## Access Sites

### North Region

#### Interfaith Community Services

**A** 550 W. Washington Ave.  
Escondido, CA 92025  
760-489-6380

**YMCA** (Youth 18-24 yrs old)  
Mon-Fri: 2PM-6PM

**B** 1050 N. Broadway  
Escondido, CA 92026  
760-908-9373

**VA San Diego  
Heathcare Systems**  
Thursdays: 9AM-12PM  
**C** 1300 Rancho del Oro Dr.  
Oceanside, CA 92056  
619-497-8989

### Central Region

#### Dreams for Change\*

Intakes nightly between 6PM-8PM

**D** 766 28th Street  
San Diego, CA 92102  
619-497-0236

**E** 5605 Imperial Ave.  
San Diego, CA 92114  
619-497-0236

#### Salvation Army

Mon-Thurs: 8:30AM-3PM

**F** 825 Seventh Ave.  
San Diego, CA 92101  
619-699-2214

#### Father Joe's Villages

**Day Center**  
(18+ Individuals Only)

**G** 299 17th Street  
San Diego, CA 92101  
619-230-7390

**JKC Village Campus**  
(Families only)

**H** 1501 Imperial Ave.  
San Diego, CA 92101  
619-233-8500

#### San Diego LGBTQ Youth Center

**Main Campus**

**I** 3909 Centre Street  
San Diego, CA 92103  
619-692-2077

#### San Diego Youth Services

**J** **College Heights Youth Center**  
7364 El Cajon Blvd., Suite 204  
San Diego, CA 92110  
619-221-8600

**K** **Point Loma Campus**  
3255 Wing Street  
San Diego, CA 92110  
619-221-8600

**L** **TAY Academy**  
2220 Broadway  
San Diego, CA 92102  
619-232-8126

#### VVSD

Mon-Thurs: 8:30AM-3PM

**M** **VVSD SSVF**  
3320 Kemper Street  
San Diego, CA 92110  
619-961-2165

**N** **VVSD Bridge Program**  
4141 Pacific Highway  
San Diego, CA 92110  
619-393-2039

#### Volunteers of America

Mon/Wed: 11AM-3PM

**O** 4525 Mission Gorge Place  
San Diego, CA 92120  
619-481-3571

#### VA San Diego Heathcare Systems

**P** Mon-Fri: 7:30AM-2:30PM  
3350 La Jolla Village Dr.  
San Diego, CA 92161  
619-497-8989

### East Region

#### Crisis House

Mon-Fri: 9AM-11:30AM  
1PM-4PM

**Q** 1034 N. Magnolia Ave.  
El Cajon, CA 92020  
619-444-1194

#### San Diego Youth Services

**East County Behavioral  
Health Clinic**

**R** 1870 Cordell Ct, #101  
El Cajon, CA 92020  
619-448-9700

**S** **Spring Valley & East  
Communities Campus**  
3845 Spring Drive  
Spring Valley, CA 91977  
619-258-6877

### Call-Only Access Sites

**Jewish Family Services\***  
858-637-3373

**San Diego LGBTQ Youth Center**  
(Appointment ONLY)  
619-692-2077

**Courage to Call**  
877-698-7838

**DV Hotline**  
888-385-4657

**Access & Crisis Line**  
888-724-7240

\*Safe parking lot must be LIVING IN VEHICLE

### South Region

#### Southbay Community Services

Tues: 9:30AM-12:30PM Wed: 1:30PM-4:30PM

**T** 430 F Street  
Chula Vista, CA 91910  
619-420-3620

## San Diego Access Guide

# HUD Definition of Homeless

1. An individual who **lacks a fixed, regular, and adequate nighttime residence**, meaning:

- primary nighttime residence that is a **public or private place not designed for regular sleeping accommodation**, including a car, park, abandoned building, bus or train station, airport, or camping ground;
- a **shelter** (including congregate shelters, transitional housing, and hotels and motels); or
- **exiting an institution** where he/she/they resided for **90 days or less** and was experiencing homelessness immediately before entering that institution;

2. An individual who **will imminently lose their primary nighttime residence within 14 days**; AND

- has **no other residence** and **lacks the resources or support networks**, e.g., family, friends, faith-based or other social networks, to obtain other permanent housing

3. An individual who **is fleeing domestic violence, dating violence, sexual assault, or stalking**; AND

- has **no other residence** and **lacks the resources or support networks**, e.g., family, friends, faith-based or other social networks, to obtain other permanent housing

# RRH Core Components

Housing identification



- Case management and services



- Rent and move-in financial assistance



# Permanent Supportive Housing and HHP

1. An individual has been **homeless for at least twelve months** or on **at least four separate occasions in the last three years** where those occasions **cumulatively total at least twelve months**; AND

- is diagnosed with one or more of the following conditions:
  - substance use disorder, serious mental illness, developmental disability, post-traumatic stress disorder, cognitive impairments resulting from brain injury, or chronic physical illness or disability;

2. An individual who has been residing in an **institutional care facility** for fewer than 90 days AND

- **was chronically homeless** before entering that facility;
- institutional care facility can be a jail, substance abuse or mental health treatment facility

3. A **family** with a head of household experiencing **chronic homelessness**.

4. [AB 361] An individual who has been in **supportive housing for less than two years** AND

- **was chronically homeless** prior to move-in



# Quality supportive housing...

**Tenants** have a lease identical to those of tenants who are not in supportive housing.

Services are voluntary and consumer-driven. They focus on ensuring that tenants can obtain and thrive in stable housing, regardless of barriers they may face.

The housing and its tenants are good neighbors, contributing to meeting community needs and goals whenever possible.



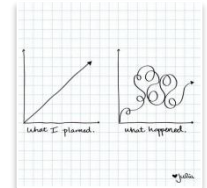
Permanent

Affordable



Independent

Flexible



Voluntary

Tenant-Centered



# MHSA/SNHP/No Place Like Home-PSH



# Vouchers

VASH

Project-Based  
Vouchers  
(part of PSH)

Sponsor-Based  
Vouchers  
(part of PSH)

Tenant-Based  
Vouchers  
(CES required)

Flexible Subsidy  
Pool

# Alternative Housing Options



## Partially Subsidized

- Recovery Residence Association –
- non-subsidized/ slightly subsidized through Drug MediCal

[www.RRAsd.org](http://www.RRAsd.org)

## Unsubsidized

- Affordable or market rate
- Informal shared housing
- ADUs – Granny Flats
- Independent Living Association

[www.ILAsd.org](http://www.ILAsd.org)

# CSH E-learning Training



## Introduction to Housing Navigation

Understanding supportive housing, coordinated entry and your role as a housing navigator.

ANY  
QUESTIONS  
?

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# THANK YOU!

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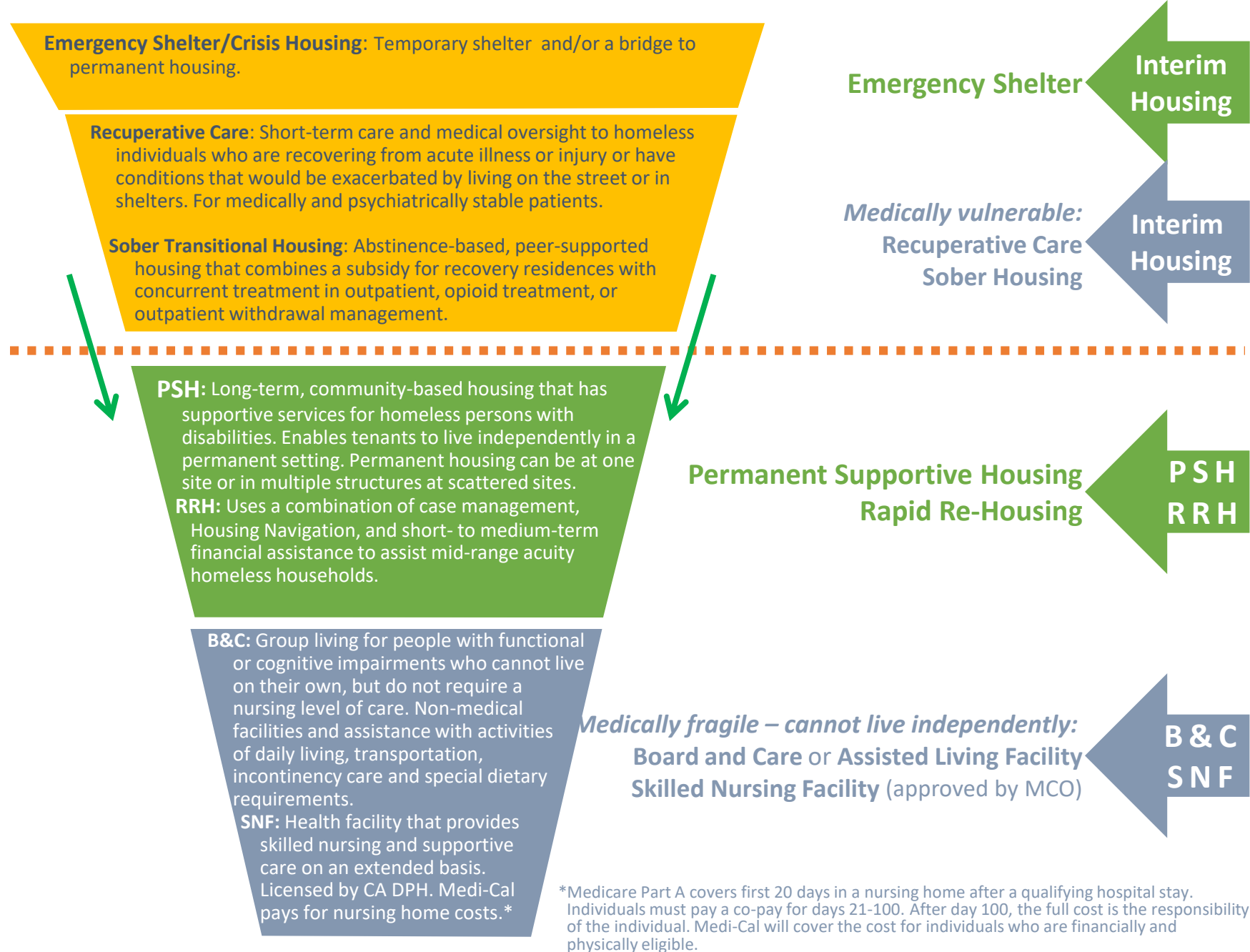


**stay connected**



**csh.org**







# OUTREACH CHECKLIST

*I would like to do a quick assessment with you.*

*This will help us see what needs you may have right now, what you may need to access housing and other services, and how I may be able to help you with that.*

Basic Needs / Activities of Daily Living		
How can we stay in contact with you?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Phone Number: _____ Are there places you spend your time that it is OK to look for you?  Are there other names you prefer? Are there other names you are known by?
Do you have a mailing address?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Mailing Address: _____
Are there alternative people we can contact to find you?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Contact 1 Name: _____ Phone Number: _____ Relationship: _____  Contact 2 Name: _____ Phone Number: _____ Relationship: _____
Do you have regular access to hygiene/clothing resources?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you have regular access to food?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you have regular access to transportation?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you feel physically and emotionally safe in your life right now?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you feel safe where you are sleeping right now? In your relationships right now?  Are there some immediate things we can do to help you feel safer while we work on connecting you to housing and other services?
Do you have any health conditions or special health needs?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Mental Health <input type="checkbox"/> Substance/Alcohol Use <input type="checkbox"/> HIV / AIDS <input type="checkbox"/> Physical Health <input type="checkbox"/> Developmental Disability  Are there ways that these disabilities prevent you from meeting your daily needs?

# OUTREACH CHECKLIST

## Social Supports

Are there people you consider to be part of your support network (friends, family, church, etc.)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Name: _____
		Relationship: _____
		Name: _____
		Relationship: _____
		Name: _____
		Relationship: _____

## Income, Insurance, & ID/Paperwork

Do you have a California ID?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If no, were you born in California? <input type="checkbox"/> Yes <input type="checkbox"/> No If you were not born in California, do you have a copy of your birth certificate? <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you have a Social Security card?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you completed a Coordinated Entry Assessment before (if applicable)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, do you know who you completed it with? _____
Do you receive any type of public benefits income?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> General Assistance <input type="checkbox"/> CalWORKS <input type="checkbox"/> CalFRESH (Food Stamps) <input type="checkbox"/> Social Security (SSI, SSDI, SSA) Total Monthly Amount: \$ _____
Do you have any employment or other type of income (recycling, child support, pension, etc.)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you have health insurance?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Medi-Cal <input type="checkbox"/> Medicare <input type="checkbox"/> Private Insurance: _____

# OUTREACH CHECKLIST

Care Connections		
Do you have a place you regularly access medical care?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Name of Place you receive healthcare: _____ Location: _____
Disability Verification	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you ever served in the armed forces?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, do you know your discharge status? _____
Do you have any legal needs?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Criminal <input type="checkbox"/> Family <input type="checkbox"/> Traffic <input type="checkbox"/> Immigration Please provide details: _____

Are there any professional helpers you are currently working with?

☐ Yes ☐ No

If yes, who are they and what do they help you with?

Would it be OK with you for me to talk with these other people helping you to see if there is a way we can help you better together?

☐ Yes ☐ No

If yes, you will need to sign a form called a Release of Information that allows me to talk with them. You can identify what information you are OK with us sharing with each other.

Name and Contact of Helping Professional	Type of Help They Are Providing	ROI on File?	Notes
Name: _____ Phone: _____ Email: _____	<input type="checkbox"/> Mental health <input type="checkbox"/> Physical Health <input type="checkbox"/> Income <input type="checkbox"/> Housing <input type="checkbox"/> Employment <input type="checkbox"/> Legal <input type="checkbox"/> Other: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Name: _____ Phone: _____ Email: _____	<input type="checkbox"/> Mental health <input type="checkbox"/> Physical Health <input type="checkbox"/> Income <input type="checkbox"/> Housing <input type="checkbox"/> Employment <input type="checkbox"/> Legal <input type="checkbox"/> Other: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
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# Best Practices in Housing Navigation



## **SCREENING, ENGAGEMENT**

- Building trust
- Warm hand-offs face-to-face
- Meeting clients “where they are”
- Housing First, harm reduction



## **INDIVIDUALIZED HOUSING PLANS**

- Building trust and momentum
- Relationships with interim housing and CES providers
- Prioritizing action steps according to needs of client, using Motivational Interviewing



## **CES, HOUSING SEARCH and MOVE-IN**

- Working partnerships with CES providers
- Enrolling HHP members in CES, through CES providers
- Helping with furniture and security deposits as members move in

# Best Practices in Tenancy Sustaining Services



## ROLES of TENANT/ LANDLORD

- Build relationships with landlords and property managers



## EARLY INTERVENTION & DISPUTE RESOLUTION

- Understand and prevent lease violations



## EVICTON PREVENTION

- Crisis resolution and de-escalation
- Rent repayment



## HOUSEHOLD MANAGEMENT

- Financial management and budgeting
- Grocery shopping, cooking, cleaning

# CHECKLIST: Housing Navigation and Tenancy Sustaining Services

(page 1 of 5)

## *Outreach and Engagement*

- ☐ Provide primarily **field-based** rather than office-based outreach for clients that may move among various programs and locations.
- ☐ Respond to client's priority felt basic needs or emergency situations – food, health, income, transportation, etc.
- ☐ Link clients with interim or bridge housing resources as desired and available.

## *Partnership Development*

- ☐ Develop rapport and build an ongoing relationship with clients via regular and consistent contact.
- ☐ Establish **communication links** with and for clients – phone/cell phone, mailing address, e-mail, meeting locations, social support contacts.
- ☐ Help clients link with *clinical care management* and other service resources as needed and desired.
- ☐ Provide psychological/emotional preparation and support for clients around obtaining housing - realistic expectations of wait times, realistic expectations of housing options within budget, benefits and challenges of living with others, remaining hopeful, addressing fears/ambivalence of being housed, addressing unhealthy coping skills/street behavior that could disrupt housing, tenant obligations, conflict resolution preparation.

## *Core Housing Preparation Work*

- ☐ Assess and begin to address client housing histories and barriers – positive references, credit history, rental history and prior evictions, criminal history, registered sex offender status, outstanding debts, outstanding warrants. Use housing history to inform preparation work, complete early to avoid surprises.
- ☐ Get to know members or potential members of the client's household including pets and companion animals.
- ☐ Assess for potential to reconnect with family/friends for housing.
- ☐ Assess eligibility for permanent housing resources – deposit/move-in financial assistance, rapid re-housing, affordable housing, and permanent supportive housing.
- ☐ Assess the client's financial and resource situation and potential budget for housing – help with income and benefits acquisition, develop plan to help fund move-in costs.
- ☐ Help clients create tenant resumes – key information to use on housing applications.
- ☐ Help clients gather and store the documents they need for public benefits, employment, and housing opportunities

# CHECKLIST: Housing Navigation and Tenancy Sustaining Services

(page 2 of 5)

## *Getting Housing*

- ☐ Apply for permanent supportive housing (coordinated entry) if eligible and affordable housing in a structured, organized fashion; stay in touch and check-in on status to show interest on quarterly basis; update information on waitlist/interest lists when information changes
- ☐ Help consumers identify and pursue other potential housing opportunities besides permanent supportive and affordable housing – sharing with others, independent living, market rent rentals, etc.
- ☐ Help consumers tour neighborhoods and properties – address rejections as part of reality testing – “at least look at the place, you don’t have to take it”; provide options and discuss trade-offs.
- ☐ Help consumers complete and submit required housing applications and other materials, including housing navigator and/or other support person(s) on applications as a contact. Include release of information. Include advocacy/support letters with initial applications.
- ☐ Help consumers complete housing program or site-specific paperwork to obtain particular units or subsidies.
- ☐ Assist consumers with obtaining the resources necessary to apply for and move-in to housing (application fees, security deposits, first month rent, moving service, furnishings, bedding, etc.).
- ☐ Support consumers in preparing for housing interviews or other meetings that impact their ability to obtain permanent housing.
- ☐ Assist consumers in responding to rejections; help request reasonable accommodations or appeals when appropriate.
- ☐ Utilize information and housing specialist(s) when available to find property owners that will accept housing subsidies for consumers approved for voucher or tenant-based housing subsidy programs.
- ☐ Assist consumers with move-in to new unit and with transitioning support to permanent supportive housing service provider(s) and/or other resources.

# CHECKLIST: Housing Navigation and Tenancy Sustaining Services

(page 3 of 5)

## *Moving-In and Transitioning (average of 6 months of support)*

- ☐ Complete unit inspection and document any damage or issues prior to move-in.
- ☐ Review key elements of rental agreement and expectations to ensure understanding. Review any subsidy agreement as well, if needed.
- ☐ Establish utilities for the housing unit. Apply for low-income assistance utility programs. *(See Resource Guide)*
- ☐ Assist with obtaining furniture, fixtures, and other move-in needs *(See First Apartment Checklist)*.
- ☐ Update address with key agencies and contacts including the post office, health insurance, public benefits, and service providers.
- ☐ Establish method for ensuring rent payments made on time.
- ☐ Develop a housing crisis response plan outlining plans if challenges arise that may jeopardize housing stability including key emergency contacts for service and housing-related issues *(Examples – WRAP plan or Housing Advance Directive)*. Possible housing challenges include – mental health/substance use relapse, health and cognitive issues impacting ADLs/IADLs, non-payment of rent, conflicts with neighbors or landlord, IADLs/ADLs, unauthorized guests, hoarding/cluttering, smoking and fire hazards, plumbing/flooding issues.
- ☐ Review ability of consumers to manage activities of daily living (ADLs) and instrumental activities of daily living (IADLs). *(See ADLs/IADLs checklist)*.
- ☐ Help address any challenges with independent living. Consider need for In-Home Supportive Services (IHSS). Support IHSS application and worker selection process if needed.
- ☐ Help develop skills relevant to living with others in residential community – conflict resolution, communication skills, raising concerns with neighbors and landlords, etc.
- ☐ Assist with helping individuals create a sense of home – personalization, inviting guests, art work, etc.
- ☐ Conduct regular home visits to identify and areas of concern related to housing stability
- ☐ Transition ongoing supports to appropriate service providers and natural supports, if appropriate for your role



# CHECKLIST: Housing Navigation and Tenancy Sustaining Services

(page 4 of 5)

## *Coordination and Communication with Property Management or On-Site Services for Housing Retention*

- ☐ Obtain permission from consumer to have on-site services or property management staff contact you if housing-related challenges arise;
- ☐ Provide owner/manager/on-site service provider with your work hours, contact information, and information about how much help you can provide if issues/concerns arise;
- ☐ Provide owner/manager/on-site service provider with information on identifying signs of *relapse or symptom exacerbation* that could jeopardize housing. Share the minimum amount of information needed for coordination;
- ☐ Establish a regular communication check-in time and place with property management/owner/on-site services and consumer depending on their needs and preferences. Make sure to include home visits as part of the planning;
- ☐ Support tenants to respond to property management related needs or issues in ways that engender positive relationships with owners/managers;
- ☐ Support tenants to document tenant specific needs or requests when necessary, e.g., copies of rent payment, formal requests for repairs, etc.
- ☐ Ensure tenants appropriately notify owner/manager of any changes to their status that may impact their

housing, e.g., desire to change household members, income changes, returning to school, etc.

- ☐ As applicable, initiate tenant-specific meetings with Management representatives to address tenant behavioral issues in an effort to mediate behavioral problems and arrive at mutually acceptable solutions. Efforts should focus on avoiding formal complaints and unnecessary delays in resolution.
- ☐ Work with residents in imminent danger of being evicted to avoid finalization of the eviction process through voluntary departure. As applicable, provide specific support to tenants who are settling an eviction action through a stipulated settlement, when all parties agree that support will enable the tenant to remediate the behavior that led to the eviction. Services may be called upon to monitor the tenant's participation in Services and report non-performance to Management, and shall comply with Management in enforcing stipulated settlements of this nature.
- ☐ If eviction or voluntary departure occurs, help residents to find alternative accommodations.

# CHECKLIST: Housing Navigation and Tenancy Sustaining Services

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*Tenant-Specific and Community Building Supportive Services –  
Focus of Services on Personal Goals, Improved Health Status,  
Increasing Personal Assets, and Supporting Movement to  
Better Housing Over Time*

community meetings, outings and field trips,  
organizing/political activities, consumer/tenant  
involvement opportunities and support such as tenant  
councils.

- ☐ Provide general services including outreach, goal planning, information and referral, living skills assistance, coordination of services, conflict resolution
- ☐ Offer Benefits/money management assistance including assistance applying for public benefit programs, referrals for payee services, credit counseling referrals, assistance with budgeting and establishing bank accounts.
- ☐ Provide health/medical coordination and referrals or direct services for primary care medical services, health education, HIV/AIDS care and referrals.
- ☐ Provide behavioral (mental health and substance use) health coordination and referrals or direct services including individual assessment and counseling, group counseling, residential care, peer support, psychiatric care and referrals, referrals and advocacy.
- ☐ Provide employment/vocational/educational training coordination and referrals, on and off-site training, educational opportunities, financial assistance for work training at education, and work opportunities connected with the services program.
- ☐ Support community building/social activities and social inclusion activities for tenants including peer support,

## We are in a housing crisis

Across California, homelessness is rising rapidly. In the 12 Health Homes Program (HHP) counties, Point-In-Time (PIT) Homeless Counts increased by 17% between 2018 and 2019. There are now almost 115,000 individuals experiencing homelessness in the HHP counties, including 90,000 individuals in the six counties CSH is working with.

The prolonged housing affordability crisis is driving homelessness in California. The inflow into homelessness in Los Angeles in 2018 was 55,000, higher than the outflow (49,000). According to the Los Angeles Homeless Services Authority (LAHSA), a quarter of people on the street today became homeless for the first time in their lives in the past year, and half cite economic hardship as the primary cause. A resident would need to earn \$47 an hour to afford the median monthly rent, according to LAHSA's 2019 Homeless Count.

HHP county / CoC	2018 HUD Homeless PIT Data	Increase 2018 to 2019	2019 HUD Homeless PIT Data
San Francisco	6,858	17%	8,011
Riverside	2,406	17%	2,811
San Bernardino	2,118	23%	2,607
Alameda	5,629	43%	8,022
Sacramento	3,665	52%	5,570
Santa Clara	7,394	31%	9,706
Tulare	853	25%	1,069
Kern	810	64%	1,330
Los Angeles	52,765	12%	58,963
Orange	4,792	43%	6,860
San Diego	9,160	-12%	8,102
Imperial	1,154	22%	1,413
<b>12 HHP Counties</b>	<b>97,604</b>	<b>17%</b>	<b>114,464</b>

## Los Angeles 2019 Homeless Count – a deeper look



# San Diego County CoC Coordinated Entry System (CES)



CoC: Regional Task Force on Homelessness

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## CoC Organizations in HMIS

1. 2-1-1 San Diego
2. Affirmed Housing
3. Alpha Project for the Homeless
4. Bread of Life
5. Bridge Housing Corporation
6. Catholic Charities
7. City of Oceanside
8. City of San Diego - Homeless Outreach Team
9. Cloudburst
10. Community Catalysts of California/Veteran Community Services
11. Community Housing Works
12. Community Resource Center
13. Community Research Foundation
14. ConAm Management
15. County of San Diego Health and Human Services Agency
16. Crisis House
17. Department of Housing and Urban Development and its contractors
18. Downtown San Diego Partnership
19. East County Transitional Living Center
20. Episcopal Community Services
21. Escondido Education COMPACT\*
22. Family Health Centers of San Diego
23. F.P.I. Management
24. Generate Hope
25. Home Start, Inc.
26. Housing Development Partners of San Diego
27. Housing Innovation Partners
28. Hyder Co.
29. Impact Lab
30. Institute for Public Health, San Diego
31. State University
32. Interfaith Community Services
33. Interfaith Shelter Network
34. Lutheran Social Services
35. McAlister Institute
36. Mental Health Systems, Inc.
37. Operation Hope
38. NAMI San Diego
39. North County Solutions for Change
40. People Assisting the Homeless
41. Pathfinders of San Diego, Inc.
42. Pathways Catalyst
43. Presbyterian Urban Ministries
44. Public Consulting Group
45. ResCare
46. Royal Property Management
47. Second Chance
48. South Bay Community Services
49. San Diego Housing Commission
50. San Diego Rescue Mission, Inc.
51. San Diego Youth Services
52. Serving Seniors
53. Solari Enterprises
54. St. Paul's PACE
55. St. Vincent de Paul Village
56. Telecare Corporation
57. Think Dignity
58. Travelers Aid Society of San Diego
59. The Salvation Army
60. The San Diego LGBT Community Center
61. Townspeople
62. Union of Pan Asian Communities
63. Vista Hill\*
64. Volunteers of America Southwest
65. Veterans Administration San Diego
66. Veterans Village of San Diego
67. Wakeland Housing and Development Corp.
68. Women's Resource Center
69. YMCA of San Diego County
70. YWCA of San Diego County